



Tess &gt;

made. Hope you find solace in  
that you don't have to suffer  
me anymore

I'll keep praying for you, I don't find "solace" in your comment. I'm dealing with the misery and the pain of the situation. But I'm gonna keep hoping and working for the good of things to come.

you said I deserve better and you said I have a good heart; I would have preferred of you to meet me there, because it's been you I love and wanted.

this just feels threatening, and just causes me a lot of mental anguish, emotionally it just hurts because it feels the intent is to inform me you want to do more damage to me and my life.

Read 11/25/21



Reply





Tess &gt;

No it's not meant to be threatening. It's just that a lot of feelings are on both sides and for me it doesn't feel productive to talk about it. I guess I don't know. It's just meant that I hope you find comfort in that you don't have to move forward with me and things will get better

well; I invested a lot of love, time and money in the requests you made of me to show up for you and work together on a future. It just feels now that you are fucking with my head and heart again.

Read 11/25/21



Reply





Tess &gt;

With time

Tess you ended us 2 months ago and asked me to not check in on you or bother you.

no day or night since has been comfortable for me since you moved to TX in May; its just heart break, stress and anguish.

No it's not meant to be threatening. It's just that a lot of feelings are on both sides and for me it doesn't feel productive to talk about it....

well; I invested alot of love, time and money in the requests you made of me to show up for you and work together on a future. It just feels now that you are fucking with my head and heart again.



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Tess &gt;

Ok Alan, I'll leave you alone

Thats all I have been, alone.  
You want to show up 2 months later to remind me how fucked over I am, and that I lost the woman I love, and you have no dont want to talk about it and leave things in a peaceful or loving place, Im pretty sure you know how this is going to make me feel.

Tess, Im not wishing or wanting anything bad or shitty for you. Im just trying to get through the damage this has brought to my life, the heart break and the pain of the loss of a relationship I took seriously and work hard for.



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Tess &gt;

It is very hard

what are you talking about? it?

I guess I got tripped up cause your saying you are praying for good but then maybe referenced me as evil. Now I know it's about your daughter. I guess social media is triggering. I apologize. Do you think we go ahead and block eachother on social media. I've been keeping a line open in case there is an emergency or something. But do you think that is a good idea?

[3 Replies](#)

what are you talking about? I am not on any of your social media Tess. You discarded me and I have just been dealing



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Tess &gt;

KNOW IT'S ABOUT YOUR DAUGHTER. I  
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triggering. I apologize. Do you  
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each other on social media. I've  
been keeping a line open in  
case there is an emergency or  
something. But do you think  
that is a good idea?

what are you talking about? I  
am not on any of your social  
media Tess. You discarded me  
and I have just been dealing  
with the mess

we havnt been friends on fb or  
any of it for a long time.

and what are you talking about  
emergency or something? All I  
have known for 2 months now  
is I am fucked over hard and  
you are not there for me at all

Read 11/25/21



Reply





Tess &gt;

It shows up as people you may know. I'm sorry I shouldn't have said anything. I don't know how to navigate this

I guess I got tripped up cause your saying you are praying for good but then maybe referenced me as evil. Now I know it's about...

[3 Replies](#)

and what are you talking about emergency or something? All I have known for 2 months now is I am fucked over hard and you are not there for me at all

Your right

I dont deserve this Tess

it really hurts that you have lied and damaged my life, and abused my heart and my mind.



iMessage







Tess &gt;

Your right

I dont deserve this Tess

it really hurts that you have lied  
and damaged my life, and  
abused my heart and my mind.

I feel the same way

please stop fucking me over; Im  
not doing that to you and I am  
just dealing with the pain of this  
all and trying to sort through  
the mess and and respect what  
you asked which is to leave you  
the fuck alone and move on  
with my life.

Fri, Nov 26, 10:00 AM

I won't be staying in TX. I am counting the  
days until my lease is up and saving every bit I  
can. Maybe love and happiness at my age an...



iMessage







Tess &gt;

Fri, Nov 26, 10:00 AM

I won't be staying in TX. I am counting the days until my lease is up and saving every bit I can. Maybe love and happiness at my age an...

[4 Replies](#)

Just want you to know and remember that stability and healthy life is what I wanted together 100% and that I have felt very alone on that with you for a while. In anycase I feel its very important and I totally support that.

Thank you. We haven't had that since we moved from SF. And you had been struggling with it since before. I don't know. I was thinking about this a lot walking the dogs this morning. I was really great full for the calm yesterday. Reading I made pumpkin soup. After working



iMessage





Tess &gt;

Thank you. We haven't had that since we moved from SF. And you had been struggling with it since before. I don't know. I was thinking about this a lot walking the dogs this morning. I was really great full for the calm yesterday. Reading I made pumpkin soup. After working holidays for so long it's nice to keep it simple. But I still feel scared and lonely and uncertain.

I am really craving calm and stability

Tess, its all I have ever wanted and worked to support with us; I agree this year and the situations occuring in SF were disrupting that, and alcohol for myself and you also caused a



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